

HARVEST HOME PRIMARY SCHOOL

Physical Education

TERM ONE



THE BALAM, DULAP, GALADA & DURRONG COMMUNITIES (YEAR 3 & 4) HAVE CONTINUED TO IMPROVE ON THEIR FITNESS. FOCUSING ON THEIR STRENGTH AND MUSCULAR ENDURANCE. ATHLETICS AND BASKETBALL HAVE BEEN A STRONG FOCUS, INTRODUCING THEM TO THE MORE COMPLEX MOTOR SKILLS, GAME PLAY AND RULES ABOUT BOTH SPORTS, SUCH AS DRIBBLING AND SHOOTING AND THE DIFFERENT TRACK AND FIELD EVENTS.

TERM ONE PHYSICAL EDUCATION HAS FURTHER DEVELOPED OUR HARVEST HOME STUDENTS IN PREPARATION FOR SPORTS SUCH AS ATHLETICS AND BASKETBALL. THE KIRRIPI B (PREP), KIRRIPI A AND WURUN, (YEAR 1) AND, TAMBOORE (YEAR 2) COMMUNITIES HAVE CONTINUED TO SHOW KAIZEN EVERYDAY.





OUR SENIOR STUDENTS IN THE MATONG, YIAGA & KILLARA (YEAR 5 & 6) COMMUNITIES HAVE FOCUSED ON INDIVIDUAL STRENGTH, POWER AND FITNESS. STUDENTS HAVE ALSO BEEN CONCENTRATING ON ATHLETICS AND BASKETBALL AND HAVE BEEN PREPARING FOR SEASON ONE OF THEIR INTERSCHOOL SPORTS SEASON.



**KIND REGARDS,
JASON PRINCIPATO & ROBERT GRILLO
SPORTS AND PHYSICAL EDUCATION**